

South Shore Yacht Club



Junior Sailing Handbook 2024

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SECTION 1: Program Overview and Sailing School

Mission Statement

Our mission is to impart a lifelong love for the sport of sailing, that will in turn contribute to a sustainable future for South Shore Yacht Club. Our programs provide a safe environment to build a strong foundation of seamanship, sailing and sailboat racing, and respect for the marine environment. We aim to instill the values of confidence, responsibility, teamwork, and sportsmanship.

Juniors History

The group was officially organized in 1935. William J. Lawrie, a past commodore, and Albert Nickel were the principal founders. In the early years the Juniors met in the basement of Meta and Bill Lawrie's house on South Shore Drive. The first Junior commodore was their son, William T. Lawrie. Lois Lawrie Rehberg was one of the first girls to become a junior member in 1937.

Early Times

Many different meeting places have been used by the Juniors over the course of their history. In the early years, it was members' basements. Other locations included the "Shack" - still beloved but not much more than a shed out in the skid lot.

In 1937 the present SSYC clubhouse was dedicated. From then on the Juniors were able to hold their meetings in the LILY E Room. If that was booked, they used the clubhouse basement - floods and all.

In 1986, under the direction of Junior Advisor John Schmuhl the Juniors acquired their first actual clubhouse. This cedar-sided trailer was home until 2006 when a new clubhouse went up, completely financed by the Juniors themselves through a 10-year fund-raising drive.

Attaining Foundation Status

Thanks to the efforts of Past Commodores Vic Weiler and Helen "Cookie" Mueller, the SSYC Junior Program gained foundation status in January of 2004, officially becoming the SSYC Junior Sailing Foundation, Inc. As a 501(c)3 organization it was now eligible for tax-free donations.

The SSYC Juniors meet year-round. The monthly sessions are presided over by the Junior commodore and board of directors. Also, throughout the year, the Juniors are involved in a variety of social and boating activities. Service activities include grounds clean-up days and cleaning of the club trophies.

Class Descriptions

Beginner Optis

This class is for children 8 years old and up with minimal or no sailing experience. Three-hour classes meet three times a week in the junior clubhouse and on the water. All Juniors must pass a swim test and demonstrate a comfort level in and around the water. The course teaches sailing fundamentals, nautical terminology, knot tying, basic dinghy rigging and how to understand the nuances of wind speed and direction.

Intermediate Optis

This course provides a smooth transition from beginner Optis to advanced racing Optis. The class will meet three times a week. In this course, Juniors will learn the fundamentals of how to rig, sail, and race a racing Opti. The class focuses on specifics and tactical aspects of the boat so Juniors are prepared to transition into an advanced racing Opti class the following year.

Beginner 420's

This class is for children who have little or no sailing experience but have grown out of an Opti. Three-hour classes meet three times a week in the junior clubhouse and on the water. All juniors must pass a swim test and demonstrate a comfort level in and around the water. The course teaches sailing fundamentals, nautical terminology, knot tying, basic dinghy rigging and how to understand the nuances of wind speed and direction. Because the 420 is a two person boat, Juniors will gain cooperative learning skills and a good sense of teamwork.

Intermediate 420's

This class is for graduates of beginner training as well as Juniors who grow out of advanced racing Optis. The course meets three times a week for three hours. Juniors will learn the fundamentals and tactics of a 420. They will learn to become comfortable as both a skipper and a crew and most importantly how to work as a team.

Advanced/Racing Tactics

Open only to Juniors who have completed both a beginner and intermediate class. Class meets twice a week for seven-hour sessions on and off the water. The boats sailed within this course are Racing Optis, 420s, and Lasers (ILCA 6 & 7). This track teaches detailed techniques for championship competition.

Junior Membership

Children who wish to take sailing lessons at South Shore Yacht Club (SSYC) shall be members of the SSYC Juniors. However, their family members need NOT be members of SSYC. Junior Membership includes the following:

- Opportunity to enroll and attend youth sailing lessons
- Once a member in good standing, the opportunity for early bird pricing and preferred placement in sailing classes
- Use of the Junior sailing fleet, once certified and checked out with the Junior Advisor. Must contact Junior Advisor, TK for specific check in/out instructions.
- Opportunity to compete in local & regional sailing regattas
- Discounted registration for Kaszube Cup (SSYC Junior home regatta)
- Opportunity to earn volunteer hours for school requirements.

Class Sign Up

For returning sailors, early bird signup occurs in March. Open enrollment for all new students continues through early June. Sign up for all classes can be found on the junior sailing website: <https://www.ssycejuniors.org/sailing-school.html> .

Financial Aid/Scholarship

There are scholarships available for the 2024 sailing season. Please contact the Junior Advisor (junior.advisor@ssyc.org) for the scholarship application. All applications are confidential and reviewed by the junior advisor.

Fee Payments/Refund Policy

All refund requests must be made through the Junior Advisor.

- Parents/Families may receive a full refund for lessons and membership any time before May 15 (deadlines vary slightly from year-to-year).
- If there is an extenuating circumstance after the mid-May deadline, Parents/Families may submit a partial refund request to the junior advisor for approval through June 30th.
- Juniors who incur an injury during the sailing season will be offered the opportunity to participate in land lessons and by observing their peers on the sailing course from the coach boat. All safety rules still apply.

Absences

Please let the instructors know about any planned absences. You can do so by calling or texting TK at (262) 765-6136 or to the head coach, Ingrid Stollenwerk at 414-554-4554. Alternativley, messages may also be sent to TK or Ingrid through TeamSnap.

COVID-19 policy

If a junior tests positive for Covid 19, please keep your Junior home for 5 days after the onset of symptoms.

Communication

The primary method of communication will be through email and TeamSnap. There may be times where Instructors and/or other Junior leaders need to get information to parents/families quickly. In these instances (inclement weather, regattas, etc.) we will communicate using TeamSnap. Please be sure that your family's email & phone numbers are up-to-date and correct in our logs at the beginning of the season.



TeamSnap is a great platform with an app download an app to your phone and use to chat/text with instructors, see a calendar of all events, download and view pictures and connect with instructors and other parents. An email will be sent with an invitation to 'join' our team. Please be sure we have the correct email and register when you receive the email.

For any questions, please ask TK or Erin Alberte at erinalberte.ssyscjr@gmail.com.

Required Gear

- PFD (life jacket- coast guard approved Type III)
- Whistle
- Shoes - closed toe water/sailing shoes
- Water (in portable, unbreakable water bottle)
- Quick drying bottoms and top
- Sunscreen and/or SPF clothing

Recommended Gear

- Hat or visor
- Sunglasses
- Sailing gloves
- Windbreaker/rain coat/spray jacket
- Extra set of dry clothes
- Towel
- Hair ties to keep hair off of face
- Waterproof watch with countdown timer (*requirement for advanced Juniors*)

Water Safety / Swim Check

All sailors are required to pass a water safety check/test (with PDF) and clothes/shoes. The test will be in the first week or beginning of the second week. The water is cold, so a towel and change of clothes are highly recommended. We will notify parents of the date.

Weather Policy

One of the many guidelines that instructors follow is the 120 rule: The water and air temp have to add up to 120 degrees. (Wind chill still exists during late spring and early summer, especially when one gets wet.) Families will be informed via TeamSnap/email if students will not be sailing due to the 120 rule.

On-water class may be postponed or canceled due to severe weather (including high winds). If the current conditions do not meet junior standards, the instructors will provide in-class instruction or fun activities during the given time frame.

Weather can change rapidly along Lake Michigan & be considerably different from one side of town to the other. The Head Instructor & Race Instructor will need the most current email address & phone numbers of Junior family members.

Parents/families also have the option of keeping their Junior Sailor home from lessons if they feel the weather is too severe for their child. Please inform Instructors if you do so.

Please, encourage your Junior Sailor to be prepared for changing conditions, pack appropriately, and take interest in our weather patterns. Watching the weather together can even be a fun and educational family activity!

Pick-Up/Drop-Off Instructions

Upon your Junior's first arrival to lessons, an Instructor will be nearby at the gate to check in our child. This is required. The child may then proceed to the junior clubhouse for the beginning of class.

Upon entering the SSYC Grounds, there are various areas that are restricted to Juniors. Those areas are listed in Section 4: Junior Sailor Code of Conduct. However, the bathrooms should be unlocked from the exterior door, for Junior Sailor use.

All possible relatives or family friends that might be picking up your Junior should be listed with the head coach (Ingrid Stollenwerk). If your Junior gets themselves to lessons, that should also be noted with the head coach (Ingrid Stollenwerk).

In addition to the check-in, students will need to check-out at the end of lessons with the instructor – this is mandatory. If your child is staying on the SSYC Grounds after lessons please inform us where and who they will be with.

Advanced students are encouraged to bring a packed lunch and may keep it in the refrigerator in the junior clubhouse. Instructors take their lunch break at the same time. Please make sure your Junior lets the instructors know if they plan to leave the grounds. Parents must sign the waiver of liability to SSYC and/or the Junior Sailing Foundation for minor students who wish to leave the grounds for lunch. If you prefer your minor Junior not leave club grounds, please let TK know in advance and in writing.

SECTION 2: REGATTAS

Kaszube Cup

Kaszube Cup History

The Kaszube Cup Regatta is an event that honors the original inhabitants of Jones Island in Milwaukee. These fishermen emigrated from the Kaszuby Region in Poland in 1872 and established a fishing colony on the island.

Jones Island was not destined to remain a fishing village. Its location at the entrance to Milwaukee's harbor made it an ideal location for industrial development. The Kaszube settlers were considered squatters and in 1889 a court battle began to remove them from the island. The court battle was eventually settled in 1938 when the city of Milwaukee purchased the land and forced the Kaszubes from the island.

Many of the islanders moved into the Bay View area of Milwaukee. They were instrumental in founding and building South Shore Yacht Club. The Kaszube Cup regatta honors these families and their unique heritage.

Although it honors the past, the Kaszube Cup Regatta is focused on the future. Developing Junior sailing skills and encouraging inter-club competition through racing on Lake Michigan are the focus of the three-day event.

The 2024 Kaszube Cup is scheduled for July 9th and 10th with a welcome pizza party held during check in on Monday July 8, 2024.

Advanced Sailors

All advanced sailors are strongly encouraged to race in the SSYC Junior home regatta; The Kaszube Cup. Advanced sailors are expected to practice at optimal levels in the weeks leading up to the event to prepare for competition. All Kaszube participants will represent SSYC by displaying their SSYC Juniors pinnie on the water, SSYC Racing Uniform at afternoon & evening gatherings, and their most corinthian behavior on AND off the water. The SSYC Junior Foundation has agreed to a 50% discount on the entry fee. Please stay tuned for additional information and registration information.

Beginner & Intermediate Sailors

Because lessons will not be occurring during the Kaszube Cup, non-racing sailors are encouraged to volunteer during the 2 + day event.

Junior Families

Junior family members are strongly encouraged to volunteer in some capacity during the Kaszube Cup. There are so many areas to give of your time and expertise, including but not limited to: community sponsorships, public relations, race committee, food service, t-shirt selling, gift bag development, registration, safety monitoring, spectator arrangements, and the list goes on! These volunteer opportunities help ensure we have a smooth and successful event! We will send out a Sign UP Genius a few weeks before the event with volunteer opportunities. Any donations for the Kaszube Cup should be sent to the Regatta Chairperson, Erin Alberte.

Regattas

Advanced Juniors and Intermediate Juniors, with the permission of their coach, can participate in away regattas throughout the summer and are able to use the Foundation's boats. A regatta calendar is posted on TeamSnap. We still have a few things in development so keep an eye out for new events! We are always looking for fun racing opportunities. In Team Snap, please mark your interest in any of the regattas listed. To ensure proper planning and coaching availability, we need to know asap which regattas your Juniors are interested in attending. Also, to keep travel regattas affordable, we ask that any family participating help with fundraising. All fundraising events are listed on TeamSnap.

To attend an away regatta a Junior and/or their family is responsible for the following:

- Being in good standing as a junior member (all bills paid, no reprimands, approval from instructor staff)
- Communicating interest to their race coach 2 weeks in advance
- Completing & paying for their own registration (with their family)
- Loading boats and equipment on trailers and preparing all necessary items for travel. If items are forgotten, there is no guarantee that said Junior will be able to sail in said regatta.
- If food is not provided, bringing their own breakfast, on-the-water lunch, and snacks.* There are assignments set up in TeamSnap for donations and volunteer opportunities like Chaperoning.
- If lodging is needed, our race team coordinator will work to secure lodging, and families are asked to financially pitch in for the lodging of the necessary coaching staff, and financially pitch in for the transportation of needed boats.

If groups of parents wish to work together as a collective on coordinating away regattas, then they are doing so of their own accord, and neither the Junior Foundation nor South Shore Yacht Club are liable for or beholden to any parties involved.

While at regattas, all Juniors are expected to adhere not only to the Code of Conduct of the SSYC Juniors, and to the Code of Conduct of the hosting yacht club, the laws of said municipality and outlying governing bodies (the strictest of the rules will always supercede). If any infraction of conduct is committed or behavior is deemed inappropriate, consequences will be determined by the instructor(s) at the regatta.

To volunteer or help with away regattas contact Erin Alberte via TeamSnap or at erinalberte.ssyjrs@gmail.com.

SECTION 3: FUNDRAISING AND VOLUNTEER

Junior Requirements

Juniors are strongly encouraged to volunteer **10 hours/calendar year**. Opportunities will be available throughout the year during grounds clean-up, Kaszube Cup, Junior sanctioned fundraisers and other opportunities. If your Junior is participating in travel regattas it is expected they will participate in fundraising activities.

Juniors are expected to check-in with the Junior Advisor or parent lead volunteer at the beginning and end of every Junior function. If you have an idea for a fundraiser, please do not hesitate to talk to TK.

Parent/Family Requirements

Parents are also highly encouraged to volunteer 10 hours per calendar year. To continue to make the Junior program its best, we need the help of parents and families. There are many things that need to be done that do not require any sailing knowledge. Please see TeamSnap for any updates on volunteer opportunities.

Volunteer opportunities include but are not limited to;

- Spring grounds clean-up.
- Kaszube Cup
- Away regatta duties including chaperone.
- Awards Banquet
- Fall grounds clean-up.
- Breakfast with Santa
- Newsletters
- Advisory Committee participation (Monthly meetings)
- Subcommittee Leader/Organizer (completion of hours)
- Foundation Board or their committees (completion of hours)

For general volunteer inquiries: junior.advisor@ssyc.org

Donations

<https://www.ssyscjuniors.org/donate.html>

Please contact TK for any donations.

SECTION 4: CODE OF CONDUCT/DISCIPLINE

RELEASE AND WAIVER OF LIABILITY AND COVENANT NOT TO SUE

In consideration of the acceptance of my participation in the South Shore Juniors Foundation sailing school, and regarding any substantial volunteer effort of the volunteers by and for the South Shore Juniors Foundation, I the undersigned hereby:

1. Waive and release any and all claims, including claims for negligence or equivalent conduct (but not intentional conduct), which I may have against the Club, Foundation, respective members, trustees, directors, officers, employees, volunteers, measurers, judges, independent contractors, sponsors, designees, successors, assigns, insurers and affiliates (hereinafter collectively "releases") resulting from my participating in the sailing school and all activities related to the sailing school. I understand that such negligence could include but is not limited to a failure to use reasonable care in deciding whether or not to start or continue sailing school activities and any other decisions arising out of sailing school operations, not limited to sailing school management; operating power boats, cranes, or other equipment; maintaining launch ramps, cranes, piers, docks, marks, buoys, and other property; in training or supervising employees or volunteers; in providing instructions or services; or in providing any first aid or emergency medical treatment.
2. Agree not to sue any of the releases for any damages, costs, losses, expenses, demands, claims or causes of action arising out of the Sailing School.
3. Acknowledge that serious accidents may occur during the sailing school and that I may sustain death, disability, serious personal injury, and/or property damage, and acknowledge my responsibilities in participating in the sailing school, for my decisions to start or continue sailing school activities and to ensure that my boat, equipment and crew are seaworthy for the conditions which may be encountered during my participation.
4. Agree that this Release and Waiver of Liability is intended to be as broad and inclusive as permitted by the laws of the State of Wisconsin and that in the event that any provision is held to be prohibited or invalid, the remainder of this Release and Waiver of Liability shall continue in full legal force and effect, and that this Release and Waiver of Liability

supersedes all prior negotiations, representations or agreements between myself and any one or more of the releases.

By accepting this waiver, I acknowledge that I have read this agreement, understand its terms. I understand that by signing, I am giving up substantial rights and signing it freely and voluntarily without any inducement.

SECTION 5: Code of Conduct & Disciplinary Policy for Junior Sailors

South Shore Yacht Club (SSYC) strives to be among the premier Junior Sailing Programs in the United States. To achieve this goal, all Sailing School participants (junior sailors, coaches/instructors, program managers, parents, and other adults) must understand and work to implement the Code of Conduct. SSYC expects all program participants to always conduct themselves appropriately and to follow the following Code of Conduct:

Respect For Others – I will respect the rights, dignity, and self-worth of every individual. I will act honorably and will not lie, cheat or steal (or borrow without permission). I will encourage my fellow junior sailors to display the same qualities, and I will report those who do not respond appropriately to my encouragement to my coach/instructor.

Professional Conduct – I will work proactively to achieve my full potential. I will trust that my coaches/instructors have my best long-term interest at heart, and I will willingly comply with their direction .

Personal Conduct – I will conduct myself professionally and accept responsibility for my actions. I will display high standards in my language, manner, punctuality, preparation, and presentation. I will display self-control, courtesy, respect, honesty, dignity, and professionalism. I will refrain from criticizing others – this includes my interactions with opponents, coaches, officials, administrators, parents, and spectators.

Good Sportsmanship/Corinthian Spirit – I will continually strive to demonstrate good sportsmanship, both on and off the water. I will place winning in the context of good sportsmanship and fair play. (Remember Paul Elvstrom's quote: "You haven't won the race, if in winning the race you have lost the respect of your competitors.")

Possession And/or Use of Any Illegal Substance Including, But Not Limited To, Drugs and Alcohol – Every program participant must understand that the ability to operate without mental or physical impairment underpins the safety and surety of our program, both on and off the water. I will refrain from smoking, drinking and/or illegal drug use. All Juniors are expected to adhere to the Code of Conduct of the SSYC Juniors, the

laws of said municipality and outlying governing bodies (the strictest of the rules will always supersede).

Safety – Safety underpins everything we do. As such, it must be viewed as a philosophy, and NOT simply items on a checklist. Sailing and racing are inherently risky activities, and all coaches/instructors will actively manage risk when working with our youngest sailors and will help our older sailors understand appropriate risk management strategies to ensure that the training and/or competitive environment is safe. As a Sailing School participant, I will ensure that my equipment is ready to support all planned activities. I will immediately inform my coach/instructor if I feel that I am not ready to participate fully in the planned activity (i.e., understand the task, am physically healthy enough, rested and skilled to ensure its successful outcome). I will look out for my fellow junior sailors.

Respect for SSYC grounds and equipment Junior sailors must treat the SSYC Grounds, the Junior area, and all the equipment therein with respect. Juniors are to perform regular & frequent check-in & check-out of boats/equipment to ensure boat quality and timely repair. Juniors will immediately report any damage sustained to a boat to allow for timely repair.

When not in class or class is not in session, all Juniors must have adult supervision while on SSYC grounds. Adult Junior members and staff who are not members of SSYC must also be accompanied by an SSYC member, unless during their working hours.

While representing The South Shore Yacht Club on the club grounds, and handling their equipment at regattas, all Juniors are expected to adhere to the Code of Conduct of the SSYC Juniors, the laws of said municipality and outlying governing bodies (the strictest of the rules will always supersede). If any negligence or infraction of conduct is committed or behavior is deemed inappropriate, consequences will be determined by the instructor(s), and/or the Junior Advisor. Depending on the severity of said infraction, communication to the family may be sent or the involvement of the SSYC General manager or Board of Directors may be necessary.

The SSYC Juniors organization uses a 3-strike disciplinary policy:

- “Strikes” may be issued by lead instructors. However, they may also be issued by the Junior Advisor and General Manager.
- If a strike is issued, a communication is sent home that a parent/guardian needs to sign.
- If three strikes are issued in a single summer or calendar year, the Junior is removed from the sailing program and not allowed to participate in any following activities or lessons for that summer or calendar year.
- Juniors are able to “start over” the following sailing season or calendar year.

Medical Consent

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the South Shore Yacht Club (SSYC) or while participating in any activity sponsored by or under the auspices of SSYC under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the General Manager, Assistant General Manager or any officer or member of SSYC to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost SSYC and its officers and members. I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the State of Wisconsin or of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

SECTION 6: CONTACTS

Head Instructor: Ingrid Stollenwerk, 414-554-4554, juniorsi@ssyc.org

Junior advisor: TK Tom Kingston, 262-765-6136, junior.advisor@ssyc.org

SSYC Office: info@ssyc.org, 414-481-2331

Junior Race Coordinator: Erin Alberte, erinalberte.ssyjrs@gmail.com

Kaszube Cup: TK or Erin Alberte

Junior Foundation President: Stacy Trisco, stacytrisco.ssyj@gmail.com

SSYC Commodore: Mark Humphrey, commodore@ssyc.org